

THE USE OF ART-PEDAGOGICAL TECHNOLOGIES IN MUSIC LESSONS AS AN EFFECTIVE MEANS OF IMPROVING THE QUALITY OF EDUCATION

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Abstract. *This article discusses the role of art pedagogy in the educational process, which contributes to enriching students' inner world, developing creative thinking, and improving their emotional state. Music is also considered an important means of forming aesthetic taste and spiritual values in students.*

Keywords: *art pedagogy, art technologies, music education, spiritual education, creative thinking, personal development.*

Annotatsiya. *Ushbu maqolada artpedagogikaning ta'lim jarayonida o'quvchilar ichki dunyosini boyitish, ijodiy fikrlashini rivojlantirish hamda emotsional holatini yaxshilashga xizmat qilishi yoritilgan. Shuningdek, musiqa san'ati o'quvchilarda estetik did va ma'naviy qadriyatlarni shakllantirishda muhim vosita sifatida ko'rib chiqiladi.*

Kalit so'zlar: *artpedagogika, art-texnologiyalar, musiqa ta'limi, ma'naviy tarbiya, ijodiy fikrlash, shaxs rivojlanishi.*

Аннотация. *В данной статье рассматривается роль арtpедагогикi в образовательном процессе, которая способствует обогащению внутреннего мира учащихся, развитию их творческого мышления и улучшению эмоционального состояния. Также музыкальное искусство рассматривается как важное средство формирования эстетического вкуса и духовных ценностей у учащихся.*

Ключевые слова: *арт-педагогика, арт-технологии, музыкальное образование, духовное воспитание, творческое мышление, развитие личности.*

Music, as a form of art rooted in the aesthetic ideal of beauty, plays a fundamental role in the development of students' aesthetic perception, creative thinking, and spiritual worldview. It not only enables learners to perceive beauty in artistic works but also encourages them to interpret, internalize, and apply aesthetic principles in everyday life and creative activity. From this perspective, music serves not only as a component of aesthetic education but also as an essential factor in the holistic development of personality, contributing to both artistic and moral-spiritual formation.

Contemporary psychological and pedagogical research indicates that many students demonstrate a lack of stable motivation toward learning, as well as an insufficient level of aesthetic sensitivity. One of the main reasons for this situation is the dominance of knowledge-centered, theory-oriented teaching approaches, which often do not sufficiently support the development of imagination, emotional responsiveness, and creative thinking. Therefore, fostering aesthetic awareness, artistic understanding, and creative cognition from an early age is of great importance. Within this process, music plays a particularly significant role, as it effectively contributes to the formation of aesthetic taste, moral values, emotional culture, and creative potential.

The pedagogical approach discussed in this study is aimed at enhancing students' emotional and psychological development and may be regarded as an effective means of addressing various moral and educational challenges in modern society. Art-pedagogical methods used in music education support students in expressing their emotions freely,

developing individual expression, and strengthening their creative identity. These methods are based on the integration of three major art domains: music, visual arts, and literature. Moreover, the application of art pedagogy should not be limited to art-related subjects only; it can also enrich the broader educational process by fostering interdisciplinary learning and holistic development.

Art pedagogy is an interdisciplinary field that combines elements of pedagogy, psychology, and artistic practice. It ensures a corrective and developmental orientation of the educational process and contributes to the formation of students' artistic culture through diverse forms of creative activity, including musical performance, visual expression, speech-based creativity, theatrical play, poetry, and choreography. Through these activities, students develop not only artistic skills but also cognitive, emotional, and social competencies.

This approach performs several key functions, including cultural, educational, formative, and corrective roles. One of its distinctive features is that it elevates the teacher to a "meta-pedagogical" level, expanding their professional competence and methodological awareness. An effective modern teacher is expected to master the "language of emotions," which enables deeper communication with students and enhances the educational impact of teaching. In this context, pedagogy becomes closely aligned with artistic creativity, as both rely on emotional expression, imagination, and mastery of technique. The primary task of the contemporary educator is to identify, support, and develop students' latent abilities while creating a learning environment that encourages creativity and self-expression.

One of the important objectives of music education is to reduce students' psychological stress and restore their emotional balance. At the

same time, it is essential to create a supportive pedagogical environment that promotes students' mental well-being and emotional stability. In my teaching practice, I apply various forms of art therapy, including music therapy, vocal therapy, rhythm therapy, isotherapy, folklore therapy, creative activity therapy, laughter therapy, fairy-tale therapy, and drama therapy. These methods contribute to emotional release, self-expression, and the development of creative thinking.

Art therapy is defined as a practical psychological and pedagogical approach that uses non-verbal forms of artistic expression to improve emotional well-being, facilitate self-awareness, and enhance creative potential. Within the framework of art pedagogy, art therapy serves as an applied methodological foundation that supports emotional regulation, reduces psychological tension, and encourages active creative participation in the learning process.

In conclusion, art pedagogy contributes to the formation of a rich and meaningful inner world in students, develops sensitivity to artistic nuances, and fosters creative freedom. It strengthens imagination, aesthetic perception, and the ability to express thoughts and emotions freely, while also improving emotional regulation and collaborative skills. As a result, it promotes the formation of a harmoniously developed personality.

The use of art-based technologies in education enhances personal development, simplifies the learning process, and strengthens teacher–student interaction, where art functions as a mediating and integrative element within the educational system.

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